

Patient Information for Surgical Anaesthesia

Dear Patient,

Please, read the following information carefully, fill in the enclosed questionnaire and sign the consent form.

Before the surgical procedure you will have the opportunity to consult your anaesthesiologist and ask your questions.

The aim of anaesthesia is to prevent or stop the pain accompanying the operation and make sure that the surgical area is motionless. Depending on the type of the procedure, different methods are available, ranging from local to general anaesthesia. You will discuss the most suitable method with your physician and anaesthesiologist before the operation. Our goal is to provide the most professional treatment according to the latest state of science to contribute to your quick recovery.

In our institute procedures are primarily carried out in local anaesthesia, however, for your utmost comfort, we have the opportunity to administer additional analgesic and sedative medications depending on the ability to tolerate pain or the type of operation.

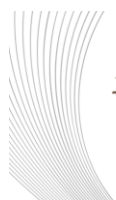
If local anaesthesia is applied, you take a sedative pill before the operation and go to the operation room afterwards, this will highly contribute to your sense of comfort and complement the effect of the analgesic and sedative medicines that might be needed in the operation room. The effect of the pill covers the period of the operation and the following few hours.

You can leave our institution accompanied shortly after the surgical procedure. On the day of the operation, please, make sure somebody is with you when using public transport. According to the regulations, you are not allowed to drive a car for 24 hours.

Even in case of severe illness or urgent operation, serious complications only occur very rarely, but every procedure has risks.

During surgical procedures performed in local anaesthesia mild complications of anaesthesia may occur. Purple discolouration or swelling may appear on the area of the puncture. Hypersensitivity to the medication used for anaesthesia (Lidocain) seldom happen, but if you experience any symptoms (e.g. itchy skin, redness, hives) the staff will immediately provide you with professional treatment. During the surgery we do our best to prevent complications.

Before the operation performed in local anaesthesia, a general medical examination will be required (laboratory, ECG, chest X-ray) for your safety.



We will have questions on your medical history on the following pages, please, reply the questions about your health condition honestly.

If you arrive at our institute for an operation

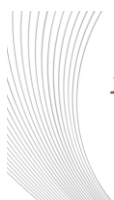
- Please, remove body hair circularly, high on the bikini line and in the groin too. If necessary, please remove nail polish from you toes; do not apply lotions on you body or limbs and avoid heavy make-up.
- Do not wear jewellery or contact lenses.
- Bring your regular medicines with you, and take you morning pills (heart, blood pressure, diabetes) with a little water and act according to your doctor's instructions. If you take anticoagulants regularly, please, consult your physician before.
- Please arrive at the morning operation with an empty stomach. You can consume liquids 2-3 hours before arriving.

In the operation room

After arriving at our institution, our staff will accompany you to the operation room after the preparation. Whether your surgical procedure is performed with or without anaesthesia, an anaesthesiologist or anaesthesiology assistant will be present at your operation. We will monitor your status through the entire period of the operation, so if you have any discomfort, complication or pain, we will immediately relieve it. On the operation table, we insert a cannula in one of your veins through which we can administer infusion or medication, if necessary. At each treatment we place a blood pressure meter on your arm and check your blood pressure every five minutes. Besides, we monitor the blood oxygen saturation and the heart functions, therefore, if any change occurs during the surgical procedure, we immediately see to it and take care of it. The assistant beside you will provide you both with psychological assistance and medication. If you need intravenous analgesic, you might doze during the painful part of the operation but will be fully awake by the end of it.

After the operation

You can leave the operation room on foot and will spend a brief period under the continuous monitoring of an assistant and a physician in our institute. During this period we try to avoid any discomfort (pain, dizziness, nausea) and do our best to alleviate you discomfort and secure your leave. After a short period of rest, you can leave home accompanied.



Questionnaire

1. Patient age: years, weight:.....kg, height:cm
2. Have you undergone any medical treatment recently?: yes – no (*underline the relevant*)
 If yes, due to what illness?
3. Are you pregnant? yes – no (*underline the relevant*)
4. Do you take medicines regularly? yes – no (*underline the relevant*)
 If yes, which one?

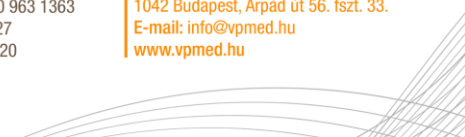
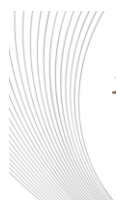
5. Have you had complications related to local anaesthesia during previous operations?
 If yes, what was it? yes – no (*underline the relevant*)

6. Do you have lung- or respiratory system disease? yes – no (*underline the relevant*)
 If yes, what is it?.....
7. Do you have liver disease? yes – no (*underline the relevant*)
 If yes, what is it?.....
8. Do you have kidney disease? yes – no (*underline the relevant*)
9. Do you have diabetes? yes – no (*underline the relevant*)
10. Do you have thyroid disease? yes – no (*underline the relevant*)
11. Do you have eye disease? e.g. glaucoma yes – no (*underline the relevant*)
12. Do you have neurological disorders, e.g. epilepsy or paralysis? yes – no (*underline the relevant*)
13. Do you know of any coagulation disorder? yes – no (*underline the relevant*)
14. Do you have allergy or hypersensitivity? E.g. medication, nutrients, band-aid
 yes – no (*underline the relevant*)
 If yes, what is this?.....
15. Do you have any other not mentioned disease? yes – no (*underline the relevant*)
 If yes, what is this?.....

Additional questions to the anaesthesiologist?

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Anaesthesiology CONSENT FORM

I have read the guidelines on anaesthesia and received information from Dr , anaesthesiologist.

I have understood the nature of anaesthesia and asked all questions specific to me, particularly about the nature of the treatment, its advantages and disadvantages. I have received responses related to the possible side-treatments and complementary treatments (e.g. respiration, infusions, venous catheter) and their special risks.

I am aware that other risks and unexpected complications may occur. During the recommended anaesthesia unforeseen situations may arise requiring further monitoring, treatment and/or the application of resuscitation procedures. By signing this consent form I give my consent to perform such procedures. I make this statement voluntarily, without any coercion or threat.

I, undersigned:

agree to undergo the planned surgical procedure in local anaesthesia, if necessary, to receive intravenous sedation and I ask for the use of anaesthesia. I agree with the changes and extensions of the treatment if deemed necessary.

I have informed my doctors about my medical status and have not denied any of my known diseases.

Any comments:

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Done at: Budapest, 2014

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Signature of the Anaesthesiologist

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Signature of the Patient (Guardian)

